

My Brilliant Brain

A kind, strengths-first pack about what makes you, you.

AGES 5–10 • HOME, CLASSROOM & 1:1

What's inside:

- All about me and the things I love
- Things I'm good at: my strengths
- How my brain likes to work
- Things people like about me
- Proud moments and hard things I got through
- Different is okay: words to read and colour
- Superpower cards and a letter to my grown-ups
- A certificate to print and keep



Designed for flexible use at home, in the classroom or 1:1: work through in order, dip in and out, or pick a single page for a quick activity. There's no "wrong" way to use this pack.

Things I'm Good At

These are strengths. Tick any that sound like you.

☐

Noticing small details

☐

Being kind

☐

Remembering facts

☐

Being creative

☐

Making people laugh

☐

Solving puzzles

☐

Being honest

☐

Being loyal

☐

Having lots of energy

☐

Using my imagination

☐

Caring about animals

☐

Being brave

☐

Learning things I love

☐

Being a good friend

Something else I'm good at:



NEURODIVERGENT MINDS **Little Minds™**

Well Done!

for completing the My Brilliant Brain Pack

This certificate belongs to:

Signed (parent / carer / educator)

Date

Every page finished, or even just one, is worth celebrating.

www.neurodivergentminds.com

